

Follow the signs



www.cycleswanseabay.org.uk

Clyne Line

Distance: 9.5 miles

A beautiful route running from the rural town of Pontarddulais in the north through Grovesend and Gorseinon to Gowerton.

This is a mix of on and off-road routes.



Clyne Line

Dulais Falls

Skewen Link

Distance: 2 miles

A short link line from Coed Darcy to Neath, via Skewen.

This route is on-road providing a link to the Cross Valley Link, Neath Valley Line and Orange Route.

Neath Valley

Distance: 16 miles

Starts at the entrance to the beautiful waterfall walks.

This commuter route links Glynneath to Neath and beyond to the coast.

It is predominantly on-road; however traffic calming and advanced warning measures are prevalent on parts of the route.

There is an alternative route along the Neath Canal from Neath to Briton Ferry, avoiding the A474 for road bikes.

Afan

Distance: 8.5 miles

This is a fast route going through the countryside of the Afan Valley.

It provides a vital link between the valley communities and Port Talbot, linking Aberavon to Afan Forest Park and villages beyond.

The majority of this route is off road, making it ideal for users of all abilities.

Afan Argoed



Richard Burton Memorial

Bryncoch Connection

Distance: 6 miles

Largely on-road route linking Neath to Pontardawe via Bryncoch.

Connecting to the Neath Valley Line and Swansea Valley Trail allows cycle commuting to destinations in both Valleys.

Cockleshell

Distance: 2.5 miles

A route which skirts the salt marshes of North Gower, providing a route from Penclawdd to Gowerton with good off and on-road sections.

Dulais Valley

Distance: 7 miles

This route is largely on quiet roads, providing a link from Seven Sisters to Aberdulais and connecting to the Neath Valley Line.



Cycle Map

www.cycleswanseabay.org.uk

greener@npt.gov.uk



Bracelet Bay Lighthouse



Mumbles Seafront

A mix of on and off-road cycle routes.

The major east-west route to the north of Swansea Bay, providing connectivity to many residential communities.

Distance: 7 miles

Cross Valley



Liberty Stadium

Clydach Connect

A fast off-road route that provides an excellent connection through scenic Swansea Valley, avoiding all major hold up points.

Follow Swansea Valley's old canals, railways and river routes to discover its industrial past and regenerated present.

Distance: 18 miles

Swansea Valley

An excellent route to serve the communities of Brynhyrdd, Manselton and Hafod, linking directly with the city centre.

This route has a mix of cycle lanes and quiet roads, bypassing a number of busy traffic routes.

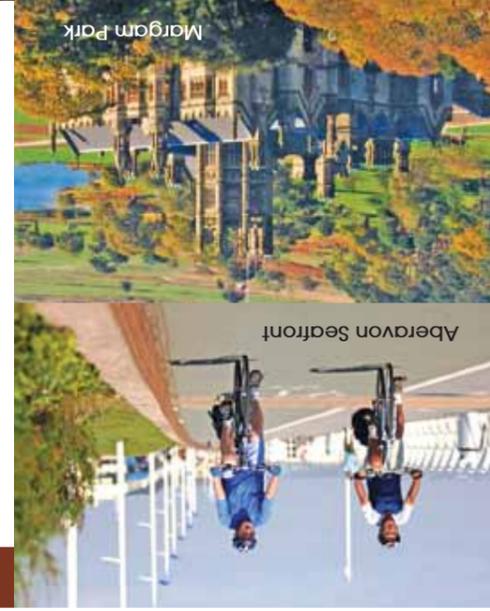
Distance: 2 miles

Manselton

A small but crucial off-road link providing direct access from Bonymaen to the Swansea Enterprise Park and the Swansea Valley route.

Distance: 0.5 miles

Bonymaen Junction



Aberavon Seafront

Margam Park

A lovely flat route which skirts the entirety of Swansea Bay. A largely off-road route, suitable for all users of any ability. You'll be surprised how easy it is to travel between major centres.

Welcome to the Swansea Bay Cycle Commuter Routes. These signed routes are the most direct and flattest route between communities suitable for all types of bikes.

For further information and to view our interactive map why not visit our website.

Our website.



Central

The most direct route from Swansea City Centre to its communities to the north.

Distance: 14 miles

City Central

A beautiful route along the foreshore, following the line of the former Mumbles Tram, linking the communities of Blackpill, West Cross and Mumbles. An off-road route for users of all abilities, linking to the Central line.

Distance: 2.7 miles

Mumbles Mile